

# GERM MONSTER

## A LESSON ABOUT GERM ETIQUETTE AND STAYING HEALTHY

Inspired by the books: *Germes Are Not for Sharing*,  
*Sherm the Germ*, and *Blow Your Nose, Big Bad Wolf*

Grades: Pre K - 2nd



A finished Germ Monster

### OBJECTIVES/OUTCOMES

- Students will create a three-dimensional character that represents a germ.
- Students will learn what a germ is and why they cause people to get sick.
- Students will learn about proper germ etiquette and how to stay healthy.

### DESCRIPTION OF ACTIVITY/CONCEPT

This project is an art making activity that prompts students to consider their hygiene habits and promote good wellbeing. Students will use tissues, pipe-cleaners, markers, and googly eyes to create a germ monster. The use of tissues directly connects the art making lesson to the theme of proper germ etiquette.

### MATERIALS

Tissues (4 per germ monster), stapler, staples, green pipe cleaners (1 per germ monster), thick markers, googly eyes (2 per germ monster), glue bottles.

### VOCABULARY

Germ – a very small organism that causes disease

Etiquette – the customary code of polite behavior in society or among members of a particular group

Hygiene – conditions or practices conducive to maintaining health and preventing disease, especially through cleanliness

### PROCEDURE

Pre-class Prep

1. Fold four tissues in half long ways. *Students may help with this step.*
2. Stack two of the folded tissues on top of one another. *Students may help with this step.*
3. Place a green pipe-cleaner on top of the two tissues, crossed perpendicularly. *Students may help with this step.*

4. Place the other two folded tissues on top, positioned the same way as the tissues on the bottom. *Students may help with this step.*
5. Staple the tissues and pipe cleaner together, so that the pipe cleaner stays in place and sticks out both sides of the tissues.

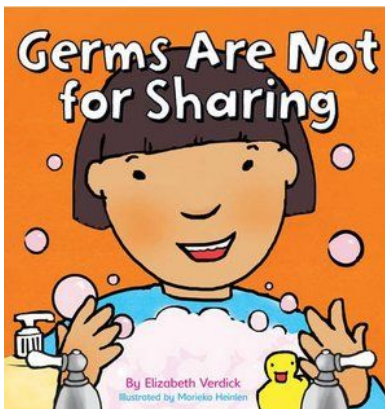
**Class Procedure**

6. Students color the tissues with markers. (You can limit the colors to green, yellow, and brown to make the monster look "germ-y").
7. Students open the tissues up, fluff their monsters, and continue to color.
8. Students glue googly eyes to the tissues to make a face.
9. Students can give their germ monsters a tissue by wrapping one of the pipe cleaner arms around an additional tissue.

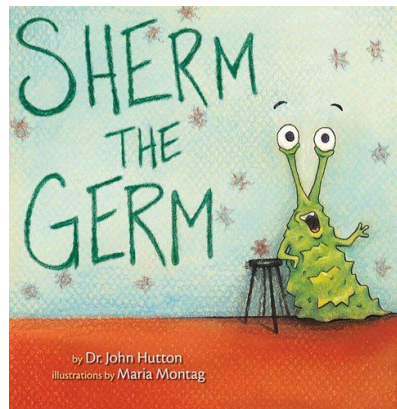


**RELATED RESOURCES/ADDITIONAL ACTIVITIES**

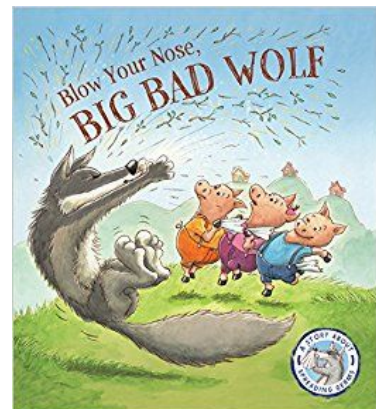
Use these books to guide the lesson and add more meaning to the students' artmaking.



*Germs Are Not for Sharing*  
Elizabeth Verdick



*Sherm the Germ*  
John Hutton



*Blow Your Nose, Big Bad Wolf*  
Steve Smallman

Incorporate this song into the lesson to enhance students' learning about germ etiquette and staying healthy.

If You're Sneezing and You Know It  
(to the tune of *If You're Happy and You Know It*)

If you're sneezing and you know it, cover your face (achoo!)  
If you're sneezing and you know it, cover your face (achoo!)  
If you're sneezing and you know it, your nose will surely show it,  
If you're sneezing and you know it, cover your face. (achoo!)

If you're drippy and you know it, wipe your nose  
If you're drippy and you know it, wipe your nose  
If you're drippy and you know it, your face will surely show it  
If you're boogery and you know it, wipe your nose.

If you're sick and you know it, wash your hands  
If you're sick and you know it, wash your hands  
If you're sick and you know it, your hands will surely share it  
If you're sick and you know it, wash your hands.

If you're cough-y and you know it, cough in here (cough cough)  
If you're cough-y and you know it, cough in here (cough cough)  
If you're cough-y and you know it, your sleeve should surely show it  
If you're cough-y and you know it, cough in here. (cough cough)